

EXPLORING™

CAREER ACHIEVEMENT
AWARD PROGRAM

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INTRODUCTION

BACKGROUND

Exploring programs involve active learning and include lots of fun-filled, hands-on activities. Exploring promotes the conditions necessary for the growth and development of adolescents. The following are the key components of the Career Achievement Award programs, which allow young people to acquire and be recognized for career proficiency achievement and community service.

PURPOSE

The purpose of the Career Achievement Award program is to

- Provide direction to Explorers registered in a post in individual career proficiency.
- Motivate Explorers to discover new career opportunities.
- Recognize Explorers for significant community service.
- Give Explorers distinguished credentials for their résumés.

REQUIREMENTS

Explorers can earn a Career Achievement Award in one or all of the 12 career fields. To earn a Career Achievement Award, the candidate must provide 50 hours of community service and complete any nine career achievements. The adult leader certifies that each Explorer has satisfactorily performed 50 hours of community service and verifies that each candidate has completed at least nine achievements within the career cluster.

NOTE: Only Explorers registered in a post can qualify for this award. Explorers registered in a club can qualify for the Career Awareness Award.

RECOGNITION

The Career Achievement Award Certificate, SKU 639678, has space for signatures of both the adult leader and the organization head. Certificates are available through your local Exploring office. Adult leaders may present them as merited.

QUALIFYING ACHIEVEMENTS

Due to the flexible nature of the program, adult leaders are permitted a reasonable degree of latitude in substituting appropriate achievements that serve to meet the requirements for the Career Achievement Award.

CAREER ACHIEVEMENT AWARD APPLICATION

Submit this application along with the service hours log and career achievement checklists to your unit leader to complete the award process. Upon approval you will receive the Career Achievement Award Certificate. (Tip: Include a copy of your certificate in college, job, and scholarship applications.)

PART ONE CANDIDATE PERSONAL DATA

POST NO.	PARTICIPATING ORGANIZATION	
NAME	NICKNAME	
ADDRESS	P.O. BOX	
CITY	STATE	ZIP CODE
EMAIL		
HOME PHONE	BIRTH DATE	

PART TWO ADULT LEADER CERTIFICATION OF CANDIDATE

I certify that the above-named candidate has fulfilled nine required achievements and 50 hours of community service for the Exploring Career Achievement Award and has my approval for recognition of this significant accomplishment.

ADULT LEADER	DATE
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HEALTH CARE CAREER ACHIEVEMENT CHECKLIST

NAME

POST NO.

Submit this list along with the award application and service hours log to your unit leader.

Complete nine of the following achievements:

- 1a. In writing, tell what is meant by the term *primary care* with regard to a medical specialty. Briefly describe in your written report the types of work physicians do in the following “core” primary care specialties: (1) internal medicine, (2) family practice, (3) obstetrics/gynecology, (4) pediatrics, (5) psychiatry, and (6) surgery.
- 1b. Describe the additional educational requirements for these specialties.
- 1c. Make an oral presentation to your post, class, or another group, sharing the above information.
2. Lead a discussion in a group or make a presentation to a group on the following topics:
 - (a) The roles medical societies, the insurance industry, and the government play in influencing the practice of medicine in the United States.
 - (b) How your state monitors the quality of health care within its borders, and how it provides care to those who do not have health insurance.
- 3a. Research the differences in the health care delivery systems of the United States, Canada, and Mexico.
- 3b. Using your research, make a presentation to your post, another post, a community group, your school class, or another group.
4. Complete the American Red Cross course First Aid–Responding to Emergencies.
- 5a. Study careers in dentistry. What are the different specialties in dentistry and what do such specialists do? Report what you learned in either a display or presentation to your post or another group.
OR
- 5b. Prepare a four-part outline on jobs in dentistry. Under the headings “dentist,” “dental hygienist,” “dental assistant,” and “dental laboratory technician,” list the kinds of duties, education needed,

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costs of education, length of training, and other information about these jobs. Report what you have learned in either a display or presentation to your post or another group.

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- 6a. Describe two different kinds of work that a neurologist, pathologist, and geriatrics specialist do.
- 6b. Explain the differences in college courses for training each of these workers.
- 6c. Call and recruit a neurologist, pathologist, and geriatrics specialist to give a presentation on his or her career to your post.
- 7a. Research five diseases of animals that can be transmitted to humans.
- 7b. Make a presentation to your post or another group on your findings.
OR
- 7c. Make arrangements for your post to visit and tour a veterinary clinic or hospital.
8. Individually or with your post, visit your city, county, or state public health agency. Make a presentation to your post, class, or another group including the following topics:
(a) How these services affect people.
(b) Identify the four leading causes of death (mortality) in your community for any of the past five years. Compare these with the four leading causes of hospital admissions (morbidity) in your community. How is the public health agency you visited involved in trying to reduce both the mortality and the morbidity of these leading causes of illness and disability?
9. Individually or with your post, visit a restaurant kitchen or another commercial food service facility and observe food preparation, handling, and storage. Find out the following:
(a) How can foods become contaminated?
(b) What conditions allow microorganisms to increase in food?
(c) How can microorganisms in food be killed?
(d) How should dishes and utensils be washed in restaurants or at home?
- 10a. Determine how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.
- 10b. Prepare a first-aid kit for your home. Display and discuss its contents with your family.
- 10c. Make a presentation to your family, post, or another group on how to prepare for household emergencies and how to prepare a home first-aid kit.

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11. Discuss with your adult leader the influence that EIGHT of the following people or events had on the history of medicine:

- | | |
|--------------------------------|-----------------------------|
| (a) Hippocrates | (i) Joseph Lister |
| (b) The invention of gunpowder | (j) Robert Koch |
| (c) William Harvey | (k) Wilhelm Conrad Roentgen |
| (d) Antonie Van Leeuwenhoek | (l) Marie and Pierre Curie |
| (e) Edward Jenner | (m) Walter Reed |
| (f) Florence Nightingale | (n) Karl Landsteiner |
| (g) Louis Pasteur | (o) Alexander Fleming |
| (h) Gregor Mendel | (p) Jonas Salk |

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12. Explain the Hippocratic Oath to your adult leader and compare the original version to a more modern one. Discuss to whom those subscribing to the original version of the oath owe the greatest allegiance.

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13. Serve as a volunteer at a health-related event or facility in your community (e.g., blood drive, health fair, blood pressure screening, etc.).

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14. Attend a regional or national health careers conference.

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